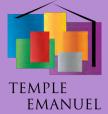
# TE Community Education and Celebrations







## ADULT EDUCATION WINTER/SPRING HIGHLIGHTS

Our TE community of learners has seamlessly moved online and just keeps learning and exploring the beauty.

depth and breadth of Judaism.

Join us! New learning opportunities and community gatherings are added on an ongoing basis. Please watch for detailed information and Zoom links in our weekly e-newsletters and on the TE website. Check the Adult Learning pages of the <a href="TE website">TE website</a> for additional class details and registration information.

#### TO REGISTER FOR A PROGRAM OR COURSE

**For courses or individual sessions:** Please visit the **TE website** for the course/session you wish to attend and complete the Registration form to receive the appropriate Zoom link.

For **QUESTIONS** or to register by phone, contact Terri Swartz Russell at 617-558-8105 or <a href="mailto:tswartzrussell@templeemanuel.com">tswartzrussell@templeemanuel.com</a>.

## MORE EXCITING & NEW LEARNING OPPORTUNITIES IN 2021...



### **BEGINNER HEBREW I with Sigalit Davis**

Thursday evenings, January 7, 14, 21, 28, February 4, 11, 18; 7:45-9:00pm

**Click Here for More Info or to Register** 

Embark on a new journey and join our Temple Emanuel Beginner Modern Spoken Hebrew group.

Always wanted to learn/improve your Hebrew? Contact <u>Sigalit Davis</u> to find the right class for you.



## **EXPLORING ISRAELI LITERATURE: HEBREW, HALIBUT, AND THE PURSUIT OF HAPPINESS with Dr. Nancy Berg**

Thursday, January 14; 7:45-9/9:15pm

**Click Here for More Info or to Register** 

A celebration, investigation, and rethinking of Israeli literature.

This talk is co-sponsored by our Israeli Novel Book Group and the TE Israel Committee.

#### HARTMAN SCHOLARS TEACH US!

Our TE community continues to learn with scholars from the Shalom Hartman Institute at Temple Emanuel via Zoom

Click Here for More Info or to Register

Sunday, January 10 at 10am – Donniel Hartman

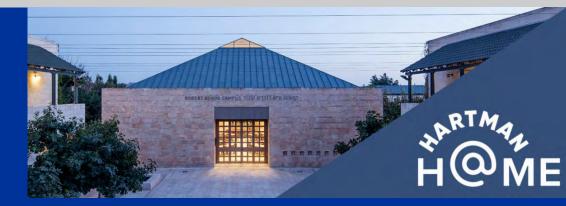
**Sunday, January 17 at 10am** – Micah Goodman, *The Wondering Jew: Israel and the Search for Jewish Identity* 

Sunday, February 7 at 10am – Elana Stein Hain

Tuesday, March 2 at 2pm – Rachel Korazim on Yehuda Amichai, Great Hebrew Poet

Sunday, March 14 at 10am - Dani Segal

Sunday, April 11 at 10am - Scholar TBA



#### STUDY WITH OUR CLERGY









### SHABBAT MORNING STUDY with our clergy

Saturdays, 8:30 - 9:30am

Click Here for More Info or to Register

Start Shabbat each week with a special hour of learning and discussion on a variety of Jewish issues with Wes, Michelle, Elias, Aliza and Dan as our clergy team connects the lessons of our sacred texts with the realities of our lives. The clergy team will close with a song that leads into Shabbat morning services from 9:30 to 12:00.

#### **TUESDAY MORNING STUDY with Rabbi Wes Gardenswartz**

Tuesdays; 9:30 - 10:30am

Click Here for More Info or to Register

A weekly study and discussion class (Sponsored by Sisterhood Temple Emanuel)

## THURSDAY MORNING 'TORAH FOR OUR TIMES' with Rabbi Michelle Robinson

Click Here for More Info or to Register

Thursdays, 9:30-10:30am

We live in uncertain times. Join us as we explore teachings from our weekly Torah portion that can help guide us today.

#### TE READS with Rabbi Wes Gardenswartz

Wednesday, February 3, 2021 8:00-9:00pm

Click Here for More Info or to Register

We will continue our read and discussion of chapters of **Morality: Restoring the Common Good in Divided Times**, by Rabbi Lord Jonathan Sacks z"l. *Additional dates to be added.* 

### **NEW!** TEKun Reads with Rabbi Aliza Berger

Thursday evening, January 21, 2021 8:00-9:00pm

Click Here for More Info or to Register

Read and discuss the book Caste: The Origins of Discontent by Isabel Wilkerson



#### **NEW!** THE MEDIA ROOM - JEWISH MUSIC with Hazzan Elias Rosemberg

Click Here for More Info or to Register

4 Tuesday evening sessions 8-9pm

**January 5 - Sephardic Music** 

We'll explore its origins in Spain going into the many and diverse Sephardic communities around the world

January 19 - Classical/Opera

Jewish Musicians, singers, composers and Jewish Themes works.

February 9 - Broadway

The great influence of Jewish Composer and Singers up to our present time

March 2 - Israeli Music

All the diverse music of our beloved Eretz Israel. Going from the songs of the Halutzim up until our days

#### PROGRAMS SPONSORED BY THE TE ISRAEL ACTION COMMITTEE



#### THE LEGAL STATUS OF THE WEST BANK – ANOTHER PERSPECTIVE

Sunday, January 24<sup>th</sup> 10:00am

**Click Here for More Info or to Register** 

As a counterpoint to our earlier session with David Kretzmer, Prof. Eugene Kantorovich of George Mason University will present the view that the Israeli presence in the West Bank is consistent with international law.



#### WHAT'S UP WITH GAZA?

Sunday, February 28th 10:00 am

**Click Here for More Info or to Register** 

Life in Gaza continues to be a problem for both Gazans and Israelis. Dr. Ronit Marzan explores the politics of Gaza and its prospects for the future. She has worked 32 years in the Israeli intelligence community serving as a major in Unit 8200 and as an expert on Arab affairs in the Israel Security Agency (Shabak).



## BECOMING A SOULFUL PARENT: A PATH TO THE WISDOM WITHIN – A Book Discussion

Sunday, January 24; 11:00 AM - 12:30PM

**Click Here for More Info or to Register** 

with author Dasee Berkowitz in conversation with Rabbi Michelle Robinson

#### **FILM SCREENINGS**



#### A FATHER'S KADDISH

Thursday evening, Feb. 11; 8-9:15pm

#### **Click Here for More Info or to Register**

Following the screening of the film (30 minutes), join Steven Branfman and director/producer, Jen Kaplan for a live Q&A. A week after his son's death, Steve Branfman, a potter and teacher, went to his studio and made Japanese-style tea bowls. He did the same each day for a year, performing his own personal Kaddish. After nine years, Steve fired the 365 bowls and exhibited them. A potent and moving film about the universality of loss, mourning, and rebuilding a life, told through the unique experience of art. The US Premiere of this film took place at the recent Boston Jewish Film Festival 2020.

This program is sponsored by the TE Death Café initiative.



#### CRIP CAMP: A DISABILITY REVOLUTION

Saturday evening, February 27; 7:00-9:00 PM

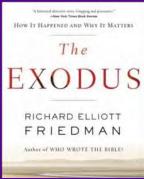
#### **Click Here for More Info or to Register**

"The feel-good documentary recounts the ties of a Catskills summer camp to American disability rights activism in the 1970s." Barack and Michelle Obama serve as executive producers!

Then, on **Sunday, February 28 from 4:00-5:00pm**, zoom in for an interview with Judy Heuman who stars in the movie.



This program is sponsored by the TE B'Tselem Inclusion Committee and Yachad New England.



### THE EXODUS with Cantor Steve Thompson

February 23, March 9 & 16 from 8-9pm

**Click Here for More Info or to Register** 

Explore the book: The Exodus by Richard Elliott Friedman.

Friedman poses a straightforward historical question: Did the exodus from Egypt really happen? The biblical account of millions fleeing Egypt may be an exaggeration, but the exodus itself is not a myth. Known for his ability to make Bible scholarship accessible to readers, Friedman proceeds to reveal how much is at stake when we explore the historicity of the exodus.



### JEWISH TEACHINGS ON THE AFTERLIFE with Marjorie U. Sokoll, M.Ed.

Sunday, March 7; 10-11:30am

**Click Here for More Info or to Register** 

Director, Betty Ann Greenbaum Miller Center for Jewish Healing & Director, Spirituality and Aging at Jewish Family & Children's Service

This session is presented by the TE Death Café initiative





## JEWISH MINDFULNESS AND MEDITATION

#### with Donna Rubenoff

Monthly on Saturday mornings 1/9, 2/6, 3/6, 4/10, 5/1, 6/5, 7/10; 9:00 - 10:00 am Click Here for More Info or to Register

Explore how meditation can quiet the mind and encourage positive thought in support of mind-body healing. No prior experience is necessary; those who already practice meditation will receive techniques to incorporate into their existing practices.



### YOGA FOR THE SOUL MINYAN with Michelle Silberman, Yoga Instructor

Monthly on Sunday mornings: 1/10, 2/7, 3/7, 4/11, 5/2; 9:00 - 10:00am

**Click Here for More Info or to Register** 

Our rabbis taught that the soul is joined intimately to the body. The two can move together in the service of God. In this innovative minyan, we use our bodies to pray, our voices to chant, and movement to connect with holiness in a Jewish way. Expect an uplifting service and a great sweat. No previous yoga or davening experience necessary. *Sponsored by Sisterhood Temple Emanuel* 



#### **RABBI SAMUEL CHIEL GENESIS FORUM WEST**

2021 Forum Topic: "Building Meaningful Relationships"

March 2, 9, 16, 23, 2021; 12:00-1:15pm

These sessions are free and open to the public. Registration is required.

March 2 Rabbi Jane Kanarek

The Doctor-Patient Relationship in Jewish Tradition

March 9 Professor Yehudah Mirsky

Cautiously Optimistic: A Jewish View of Relating to Government

March 16 Rabbi Jill Jacobs

T'ruah: The Rabbinic Call for Human Rights

Seeing Those Who Serve: A Model for Engaging with Service Professionals

March 23 Rabbi Benjamin Samuels, Genesis Scholar at CJP, Rabbi, Congregation Shaarei Tefillah

Constructive Conflict: How We Agree to Disagree

Full details available at this link. Registration via CJP required. Register Here.

CJP is offering this special four-part learning series in partnership with Temple Emanuel of Newton.

Rabbi Samuel Chiel (zt''l) was a much beloved spiritual leader of Temple Emanuel of Newton for 27 years. Rabbi Chiel served as CJP's Scholar-in-Residence for many years and was instrumental in founding the Genesis Forum.

## THESE COURSES ARE OFFERED IN PARTNERSHIP WITH HEBREW COLLEGE'S ME'AH & OPEN CIRCLE PROGRAMS

Registration details for these courses will be sent out in January.

# HEARTFELT POEMS TO START THE DAY: A DISCOVERY OF THE DAILY PSALMS with TE member and HC Rabbinical student Jamie Stolper

6 sessions Monday evenings: March 1, 8, 15, 22, April 5, 12; 7:30-9:00pm

Did you know that when the traditional morning liturgy was first established, one psalm from the Hebrew Bible was selected to be recited each morning at the end of morning prayers? In this course, we will study these psalms of praise and pathos, of the connection between faith and ethical conduct, of the overriding importance of justice. We will examine their connection to the theme of Creation and probe their implications for social justice and an ideal, ethical society, then and now. Participants may come up with their own selection of seven psalms for the week, based on a personal theme.

## THE JEWISH ROAD TO CHARACTER – A FIRST TRIP DOWN THE MUSSAR PATH with Rabbi Eric Gurvis

Thursday evenings: March 4, 18, Apr 1, 15, 29, May 13, 27, Jun 10; 7:45-9:15pm

(8 sessions) Fee: \$216

In our confusing and contentious time, many are seeking to find a greater sense of grounding in core virtues that can guide us, uplift us, and inspire us to become the best persons we can be. For the Jewish world, asking such a focus is hardly new. Yet, in our time, we have the uncovering of a rich part of our Jewish heritage which was nearly lost to our people – the study and practice of Mussar. In large part inspired by the work of The Mussar Institute and other contemporary efforts at reclaiming mussar for our day, an ever-expanding number of communities and individuals are bringing the study of Mussar teachings and their accompanying practice into their lives. In this bi-weekly series, we will delve into the study and practice of some of the Mussar traditions wisdom for our lives in our times.

# PROFILES IN LEADERSHIP AND RESILIENCE: EXPLORING BIBLICAL, RABBINIC & JEWISH HISTORICAL PERSONALITIES with Rabbi Benjamin Samuels

March 3, 10, 17, 24, April 7; 7:00-9:00pm

This 5-week series seeks to find inspiration and uplift in the narratives of Jewish personalities whose encounters with life's challenges serve as enduring lessons in leadership and resilience. We will interactively study the biblical personalities of Abraham and Sarah; the rabbinic personalities of Rachel and Rabbi Akiva; and Beruria and Rabbi Meir; and the Jewish historical personalities of Moses Maimonides, Gluckel of Hameln and Rabbi Nachman of Breslov. Each session represents a study in the courage and determination, and our study of all of them together will help us discover and strengthen our own hidden resources of leadership and resilience.



### **ACTIVE LIVING PROGRAMS FOR OLDER ADULTS** (and their families)

Please contact Tracy Schneider at <a href="mailto:tracys120@yahoo.com">tracys120@yahoo.com</a> or (617)959-4928, TE's Seniors Programming Advisor for more information and Zoom links.

Monthly program details are on the TE website at <a href="www.templeemanuel.com/lchaim">www.templeemanuel.com/lchaim</a>. Programming has expanded and will now be on Zoom till June 2021.

The following programs will continue to entertain and provide comfort during these uncertain times: L'Chaim, Memory Café and Taking Care of the Caregiver, Monday's Adapted Seated Exercise to Enhance Fitness, Thursday's Zumba Gold and Artful Afternoons.



# ADULT CHILDREN CARING FOR OR MANAGING THE CARE OF AN AGING PARENT—Facilitated by social worker Lori Feldman

Tuesdays, Jan 12, Feb 2, March 9, April 6, May 4; 6:15-7:30 pm

Series sponsored by Hebrew Senior Life and co-presented by Temple Emanuel Senior Fund, Temple Emanuel Adult Education, and Newton Senior Center. Find More Details Here.



#### **ARTFUL AFTERNOONS at 2 pm**

Jan 14 - Georgia O'Keeffe presented by visual art teacher and painter Donna Calleja

Feb 11 - Georges Seurat presented by research librarian Michele Marrram

March 18 - Ansel Adams presented by expressive arts therapist Carolyn Melbye

April 15 - William Steig presented by research librarian Michele Marram

**May 13** - Putting Art in Your Daily Life: Architecture as a Form of Art, presented by Chris Chu Series sponsored by the Agress family in Memory of Al & Trudy Agress. Find More Details Here.

### MEMORY CAFE (1-2PM) & CAREGIVER SUPPORT GROUP (11:45am-12:45 pm)

led by Joanne Peskowitz of Your Elder Experts from JF&CS. Thursdays:

Feb 4 - Miriam Pico from Singing Heart in a Sing Along

Jan 7-Sing Along to Classic Songs of Yesteryear

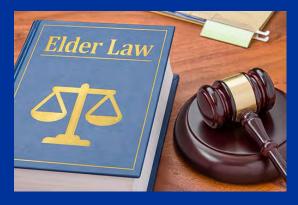
March 11- Sing Along to the Music of Judy Garland

**April 8-** Reflective and Peaceful Poetry

May 6- Latin Dance Party

June 3- Songs of the 1950's, "Something Old, Something New"

Memory Cafe and Taking Care of the Caregiver are proudly sponsored by Center for Memory Health at Hebrew Senior Life and TE Senior Fund. Find More Details Here.



### **Elder Law 101: Lessons for Life Planning**

An Elder Law series for Adults and their elder parents Tuesdays, Jan 19, Feb 23; 6:15-7:30 pm VIA Zoom

#### Click Here for More Info or to Register

Featuring Attorney Don Freedman, Rosenberg, Freedman & Lee LLP and Audrey Zabin, AZA Care Management and guest speaker Joan Katz, MSW, LICSW, C-ASWCM, private care manager with a specialization in services for seniors and adults with disabilities.

Jan 19 - The concerns of aging parents in planning for your adult special needs child

Feb 23 - medicare coverage and options for care services. .



## **NEW!** — FOR ACTIVE OLDER ADULTS AND THEIR FAMILIES **DOWNSIZING YOUR HOME Can Up Size Your Life**

Tuesdays February 2,9 16, 23, and March 2; 1 pm

#### Click Here for More Info or to Register

Series sponsored by Ellen Dudley Real Estate

- Guest speaker Nora Yousif presents Downsize Your Home and Right Size Your Feb 2 Finances.
- Feb 9 Eve Ward, from Bond and DeVoeux presents Declutter Your Home and Your Life
- Feb 16 Guest speaker Deb Ellis What is new in Home Decor AND Stage Smart and Sell Fast.
- Feb 23 Guest speaker Aimee Berrent from A Matter of Brilliance presents What's in **Bubbe's Jewelry Box?**



#### WRITING A NEW STORY FOR AGING

#### Click Here for More Info or to Register

With Dr. Joe Coughlin, the Director/Founder of the MIT AgeLab will speak about

Thursday, Feb 4; 6:00-7:30pm

"'Old' is not anyone's defining attribute." The world's fastest-growing market is also its most misunderstood. For decades, conventional myths have said that adults simply want to age into a life of leisure. But defying conventions is what has defined your generation. You're not ready to simply settle. You still have goals, ambitions, and the desire to continue a quest toward self-actualization.

This session is presented by 2LifeCommunities



### Fruits of Freedom, the Torah Flora Haggadah

with Dr. Jon Greenberg

Sunday, March 21, 2021 from 10-11:30am

Dr Greenberg, noted Biblical and Talmudic ethnobotanist, will present insights from his recently published Torah Flora Haggadah. This novel Haggadah is lavishly illustrated and includes a commentary from the perspective of the history of Jewish food and agriculture. Dr. Jon Greenberg, will present some of the novel and surprising insights that emerged from his research for this unique Haggadah as we prepare to celebrate our Passover seders.

You may remember that Dr. Greenberg spoke about this topic during the walking tour he gave at Temple Emanuel last year.

