

# Published Books for Adults and Children

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## Published Books (Jewish)

### For Adults:

#### **A Time to Mourn, A Time to Comfort: A Guide to Jewish Bereavement (The Art of Jewish Living)**

Ron Wolfson. Combines laws and customs with personal experiences and practical advice.

#### **To Comfort the Bereaved: A Guide for Mourners and Those Who Visit Them**

Aaron Levine.

### Consolation

Maurice Lamm. A thorough presentation of laws and customs related to death, funeral, and mourning. (*Consolation* is the updated book from the original – **The Jewish Way in Death and Mourning**)

#### **Death and Bereavement: A Halachic Guide**

Abner Weis.

#### **Does the Soul Survive? A Jewish Journey to Belief in Afterlife, Past Lives & Living with Purpose**

*Rabbi Elie Kaplan Spitz.*

#### **Gesher Hachaim (The Bridge of Life): Life as a Bridge between Past and Future**

Yechiel M. Tucuzinsky.

### Healing from Despair

Rabbi Elie Kaplan Spitz.

#### **Healing of the Body, Healing of the Soul: Spiritual Leaders Unfold the Strength and Solace in the Psalms**

Simkha Y. Weintraub, Ed.

## **Heavenly Hurts: Surviving AIDS-Related Deaths and Losses**

Sandra Jacoby Klein.

## **The Kaddish Minyan: The Impact on Ten Lives**

Herbert A. Yoskowitz.

## **Jewish Views of the Afterlife**

Simcha Paull Raphael.

## **Kaddish**

Leon Wieseltier. A narrative of author's grief during the year following his father's death, delving into a range of texts describing the history and spiritual significance of the mourning prayers.

## **Lifecycles**

Debra Orenstein, ed. Jewish women write on life passages and personal milestones, including sections on infertility and early losses, and death and mourning.

## **LifeLights**

Jewish Lights Publishing. Various authors.

Inspirational, informational booklets about challenges to our emotional and spiritual lives and how to deal with them. Such titles as Coping with the Death of a Spouse, Mourning a Miscarriage, Talking to Children about Death and Taking the Time You Need to Mourn Your Loss. Order through <http://jewishlights.com>.

## **Living When a Loved One Has Died**

Rabbi Earl A. Grollman.

## **Longing for Dawn**

Nachman Bulman.

## **Making Sense of Suffering**

Yitzchok Kirzner.

## **The Mitzvah of Healing**

Hara E. Person, ed.

An anthology of essays, Jewish texts, personal stories, meditations and rituals.

**Mourning and Mitzvah: A Guided Journal for Walking the Mourner's Path Through Grief to Healing**

Anne Brener. Uses the traditional stages of mourning as a basis for spiritual exercises in self healing.

**Open Hands: A Jewish Guide on Dying, Death, and Bereavement**

Rami M. Shapiro.

**Saying Kaddish: How to Comfort the Dying, Bury the Dead, and Mourn as a Jew**

Anita Diamant.

**Talking About Death: A Dialogue Between Parent and Child**

Earl Grollman.

**Tears of Sorrow, Seeds of Hope**

Nina Beth Cardin. A Jewish Spiritual Companion for Infertility and Pregnancy Loss.

**To Begin Again: The Journey Toward Comfort, Strength and Faith in Difficult Times**

Naomi Levy.

**Walking Through the Valley of the Shadow: When a Jewish Child Dies (pamphlet)**

Mort Schrag. ([sabamortla@aol.com](mailto:sabamortla@aol.com))

**What Happens After I Die? Jewish Views of Life After Death**

Rifat Sonsino and Daniel B. Syme.

**When Bad Things Happen to Good People**

Rabbi Harold Kushner. Classic book to work through loss.

**Wrestling with the Angel: Jewish Insights on Death and Mourning**

Jack Riemer ed. A multi-voiced offering of thoughts, feelings and memories.

**For Children: (Jewish/Secular)**

**Candle for Grandpa: A Guide to the Jewish Funeral for Children and Parents**

David Techner and Judith Hirt-Manheimer.

**Daddy's Chair**

Sandy Lanton, Shelly O. Haas, ill. A work of fiction about a boy who loses his Father.

**The Fall of Freddie the Leaf : A Story of Life for All Ages**

Leo Buscaglia. Classic book for children (and adults) dealing with the death of a loved one.

**How it Feels When a Parent Dies**

Jill Krementz. Eighteen children tell, in their own words, their feelings and experiences.

**When Children Grieve**

Russell Friedman & John W. James. For adults to help children deal with death, divorce, pet loss, moving, and other losses.

**When a Grandparent Dies: A Kid's Own Remembering Workbook for Dealing with Shiva and the Year Beyond**

Nechama Liss-Levinson. Grandparent loss workbook.

**Adult: (General/Secular)****A Broken Heart Still Beats: When Your Child Dies**

Anne McCracken (Editor). Mary Semel (Editor) A compilation of poems and excerpts draws from short stories, novels, biographies, and autobiographies that focus on the death of a child as relayed through classic and contemporary world literature. It is made up of works by some of the best writers and thinkers present and past, many of them bereaved parents as well.

**Chicken Soup for the Grieving Soul: Stories About Life, Death and Overcoming the Loss of a Loved One**

Jack Canfield, Mark Victor Hansen.

**Children and Grief: When a Parent Dies**

William Worden.

## **Finding Your Way After Your Spouse Dies**

Marta Felber.

## **Helping Children Cope with the Death of a Parent: A Guide for the First Year**

Paddy Greenwall Lewis. Jessica G. Lippman

## **I Wasn't Ready to Say Goodbye**

Brook Noel. Pamela Blair

## **On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss**

Elisabeth Kubler-Ross. (other books by Kubler-Ross are also excellent)

## **Recovering from Your Child's Suicide (pamphlet)**

Mort Schrag. (sabamortla@aol.com)

## **Remember My Soul**

Lori Palatnik. What to do in memory of a loved one.

## **The Grief Recovery Handbook**

Russell Friedman & John W. James. An action program for moving beyond death, divorce and other losses

## **The Orphaned Adult: Confronting the Death of a Parent**

Marc Angel.

## **You Can Help Someone Who's Grieving: A How-To Healing Handbook**

Victoria Frigo.